



BERWICK HOUSE | ACTIVE LIVING CALENDAR

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 Exercise with Blanche (S/L) 1</p> <p>11:00 Church Service -from St. Dunstan's Anglican Church (TH)</p> <p>1:45 Mystery Series: Lupin S 2 Ep 5 (TH)</p> <p>2:00 Rock Painting with Kim (G/R)</p>	<p>BRITISH COLUMBIA DAY 2</p> <p>Pick up your British Columbia Trivia at the Active Living Office Today</p> 	<p>10:00 Garden Yoga & Herbal Tea (BP) 3</p> <p>11:00 August Calendar Review with Kendra (G/R)</p> <p>1:30 Blood Pressure (G/R)</p> <p>2:00 Brushstrokes with Gretta (G/R)</p> <p>3:45 Cocktails & Music with Byron Woods (G/R)</p> <p>7:00 Drama Movie: Margin Call (2011) (TH)</p>	<p>9:45 Fit Trip- Lochside Trail to Blenkinsop Trestle (BUS) 4</p> <p>10:00 Tuck Shop (FB)</p> <p>11:15 Exercise with Blanche (Z/R)</p> <p>1:30 BC Farm: Peninsula Farms Historical Drive & stop for fresh fruit/veggies at Dan's Farm (BUS)</p> <p>3:30 Learn to Sketch (BP)</p> <p>7:00 Series: The Valhalla Murders Ep.1 (TH)</p>	<p>10:00 Knitting Group (2nd Floor) (FB) 5</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>2:30 August Resident General Meeting (DR)</p> <p>3:15 Pirate Photo Booth (G/R)</p> <p>3:45 Pirate Patio Cocktail Hour with Two Among Friends (BP)</p> <p>7:00 Bridge Night (G/R)</p> <p>7:00 Doc: Jane (TH)</p>	<p>10:00 Tuck Shop (FB) 6</p> <p>10:00 Conversational French & Coffee (BP)</p> <p>11:15 Exercise with Blanche (Z/R)</p> <p>11:30 50/50 Tickets On Sale 11:30 AM -1:30 PM (T/L)</p> <p>1:15 Shopping at Mayfair Mall (BUS)</p> <p>2:00 Chicago Symphony: Beethoven's No.9 in D Minor Op. 125 (TH)</p> <p>7:00 Pirate Movie: The Princess & Pirate (1944) (TH)</p>	<p>10:30 Dancercise with Jenny (Z/R) 7</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>1:30 Mahjong (FB)</p> <p>2:00 Forest Bathing with Jenny (TH)</p> <p>3:00 Billiards (G/R)</p> <p>7:00 Movie Based on Real Life: 84 Charing Crossroad (1986) (TH)</p>
<p>11:00 Exercise with Blanche (Z/R) 8</p> <p>11:00 Church Service -from St. Dunstan's Anglican Church (TH)</p> <p>1:45 Mystery Series: High Seas S 1 Ep 1 (TH)</p> <p>2:00 Afternoon Bingo *bring your quarters (G/R)</p> <p>7:00 Romantic/Comedy Movie: Sweet Home Alabama (2002) (TH)</p>	<p>10:00 Tuck Shop (FB) 9</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>2:00 Sandpaper Pictures (G/R)</p> <p>3:15 National Geographic: Bloody Tales of the Tower E1 (TH)</p> <p>4:00 Book Club Discussion (PDR)</p> <p>7:00 Comedy/Drama Movie: Beaches (1988) (TH)</p>	<p>9:15 Fire Safety Demo for 2nd Floor (2F) 10</p> <p>10:00 Garden Yoga & Tea (BP)</p> <p>1:30 Blood Pressure (G/R)</p> <p>1:30 BC Farm: Berry Sale by Gobind Farms (BP)</p> <p>2:00 World Lion Day: Doc: Tree Climbing Lions (TH)</p> <p>3:45 Cocktails & Music with Jean Bedard (G/R)</p> <p>7:00 Learning French along with Janine on Great Courses (G/R)</p>	<p>9:15 Fire Safety Demo for 3rd Floor (3F) 11</p> <p>10:00 Tuck Shop (FB)</p> <p>10:00 Garden Tour with Jason (BP)</p> <p>11:15 Exercise with Blanche (Z/R)</p> <p>1:30 Fit Trip- Willows Beach/Cattle Point (BUS)</p> <p>3:00 Ice Cream (BP)</p> <p>3:30 Learn to Sketch (BP)</p> <p>7:00 Series: The Valhalla Murders Ep.2 (TH)</p>	<p>9:15 Fire Safety Demo for 4th Floor (4F) 12</p> <p>10:00 Garden Tour with Jason (BP)</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>12:00 Fried Chicken Picnic at Beacon Hill Park (BUS)</p> <p>3:45 Patio Cocktail Hour with "The Klez" (BP)</p> <p>7:00 Bridge Night (G/R)</p> <p>7:00 Doc: Amanda Knox (TH)</p>	<p>10:00 Tuck Shop (FB) 13</p> <p>10:00 Conversational French & Coffee (BP)</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>11:30 50/50 Tickets On Sale 11:30 AM -1:30 PM (T/L)</p> <p>11:45 Men's Group Pub Lunch at Maude Hunters (BUS)</p> <p>2:00 Hymn Sing with Joan Songhurst (G/R)</p> <p>3:30 Brain Power Hour: Origami (Z/R)</p> <p>7:00 Pirate Movie: Pirates of the Caribbean (2003) (TH)</p>	<p>10:30 Dancercise with Jenny (Z/R) 14</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>1:15 BC Farm: Tour of Woosterville Llama Farm in Cowichan (\$8) (BUS)</p> <p>1:30 Mahjong (FB)</p> <p>3:00 Billiards (G/R)</p> <p>7:00 Courtroom Drama Movie: The Rainmaker (1997) (TH)</p>
<p>11:00 Strength & Stretch (Z/R) 15</p> <p>11:00 Church Service -from St. Dunstan's Anglican Church (TH)</p> <p>1:45 Mystery Series: High Seas S 1 Ep 2 (TH)</p> <p>2:00 Afternoon Drive Along the Gorge (BUS)</p> <p>7:00 Australian Comedy: The Dressmaker (2015) (TH)</p>	<p>10:00 Tuck Shop (FB) 16</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>1:30 Stroll at Hatley Castle (BUS)</p> <p>3:15 National Geographic: Bloody Tales of the Tower E2 (TH)</p> <p>4:00 Birdies & Beers (BP)</p> <p>7:00 Drama Movie: Nomadland (2020) (TH)</p>	<p>10:00 Garden Yoga & Herbal Tea (BP) 17</p> <p>12:00 Patio BBQ (BP)</p> <p>1:30 Blood Pressure (G/R)</p> <p>2:00 Rembrandt's The Night Watch Program with Linda (TH)</p> <p>3:45 Patio Cocktail Hour with "Tropical Jam" (BP)</p> <p>7:00 Learning French along with Janine on Great Courses (G/R)</p>	<p>9:45 BC Farm: Tour of Eurosa Flower Farm (BUS) 18</p> <p>10:00 Tuck Shop (FB)</p> <p>11:15 Exercise with Blanche (Z/R)</p> <p>1:30 Fit Trip- Mystic Vale Loop (BUS)</p> <p>3:30 Learn to Sketch (BP)</p> <p>7:00 Series: The Valhalla Murders Ep.3 (TH)</p>	<p>10:00 Knitting Group (2nd Floor) (FB) 19</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>11:45 BBQ at Tom's Pt. 2 (BUS)</p> <p>1:45 Musical Movie: Beauty & The Beast (2017) (TH)</p> <p>2:30 Kitchen Pop Up "Pretzels" (G/R)</p> <p>3:45 Cocktails & Sea Shanties Music Bingo (G/R)</p> <p>7:00 Bridge Night (G/R)</p> <p>7:00 Doc: Behind The Curve (TH)</p>	<p>10:00 Tuck Shop (FB) 20</p> <p>10:00 Conversational French & Coffee (BP)</p> <p>11:15 Strength & Stretch (Z/R)</p> <p>11:30 50/50 Tickets On Sale 11:30 AM -1:30 PM (T/L)</p> <p>1:30 Stroll at Sea Glass Beach in Sidney (BUS)</p> <p>3:30 Brain Power Hour: Crosswords (Z/R)</p> <p>7:00 Pirate Movie: Swiss Family Robinson (1960) (TH)</p>	<p>11:15 Exercise with Blanche (Z/R) 21</p> <p>1:30 Mahjong (FB)</p> <p>1:30 August Bridge Party (G/R)</p> <p>3:00 Billiards (G/R)</p> <p>7:00 Mystery/Drama Movie: The Woman in the Window (2021) (TH)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Church Service - from St. Dunstan's Anglican Church (TH) 22 11:00 Exercise with Blanche (Zoom Room) (Z/R) 1:45 Mystery Series: High Seas S 1 Ep 3 (TH) 2:00 Birthday Card Club with Barb (G/R)	10:00 Tuck Shop (FB) 23 11:15 Strength & Stretch (Z/R) 1:30 Art in the Park at Government House (BUS) 3:00 Ice Cream on the Patio (BP) 3:15 National Geographic: Bloody Tales of the Tower E3 (TH) 7:00 Comedy/Political Movie: Welcome to Moosehead (2004) (TH)	10:00 Garden Yoga & Herbal Tea (BP) 24 1:30 Blood Pressure (G/R) 2:00 Presentation by the Maritime Museum "Immigration to the West Coast" (BP) 3:45 Cocktails & Music with Jesse Thomas Brown (G/R) 7:00 Evening Drive around Royal Oak Area (BUS)	9:45 Fit Trip- Gorge Waterway (BUS) 25 10:00 Tuck Shop (FB) 11:15 Exercise with Blanche (Z/R) 2:00 Learn to Sketch (BP) 3:30 BC Farm: Local Cider Tasting with Mark (\$5) (G/R) 7:00 Series: The Valhalla Murders Ep.4 (TH)	10:00 Perry from Nexgen (G/R) 26 11:15 Strength & Stretch (Z/R) 12:00 Patio BBQ (BP) 2:00 Berwick Fall Fair (G/R) 3:45 Patio Cocktail Hour with "Joyz & The Boyz" (BP) 7:00 Bridge Night (G/R) 7:00 Doc: Science Fair (TH)	10:00 Tuck Shop (FB) 27 10:00 Conversational French & Coffee (BP) 11:15 Strength & Stretch (Z/R) 11:30 50/50 Tickets On Sale 11:30 AM -1:30 PM (T/L) 2:00 Golfing on the Patio (BP) 3:30 Brain Power Hour: Number Games (Z/R) 7:00 Pirate Movie: Treasure Island (1950) (TH)	10:30 Dancercise with Jenny (Z/R) 28 11:15 Strength & Stretch (Z/R) 1:30 Mahjong (FB) 2:00 Horse Racing *Bring Your Quarters (G/R) 3:00 Billiards (G/R) 7:00 Romantic/Comedy Movie: Ill See you In My Dream (2015) (TH)
11:00 Church Service - from St. Dunstan's Anglican Church (TH) 29 11:00 Strength & Stretch (Z/R) 1:45 Mystery Series: High Seas S 1 Ep 4 (TH) 2:00 Afternoon Drive to Bear Mountain (BUS) 7:00 Action/Adventure Movie: Honest Thief (2020) (TH)	10:00 Tuck Shop (FB) 30 11:15 Strength & Stretch (Z/R) 2:00 August Birthday Gala with Alan Heffer (BP) 3:15 National Geographic: Titanic 20 Years Later (TH) 7:00 Drama/Romance Movie: Sliver Skates (2020) (TH)	10:00 Garden Yoga & Herbal Tea (BP) 31 1:30 Blood Pressure (G/R) 2:00 Nature Walk at Finnerty Gardens (BUS) 3:45 Cocktails & Trivia (G/R) 7:00 Learning French along with Janine on Great Courses (G/R)	<u>Locations Legend</u> Theatre (TH) Great Room (G/R) Zoom Room (Z/R) Back Patio (BP) Bus (BUS) Feltham Bistro (FB) Tweeds Lounge (T/L) Social Lounge (S/L) Dining Room (DR) Private Dining Room (PDR) 2nd Floor (2F) 3rd Floor (3F) 4th Floor (4F)		<h2>Join us for a program in August celebrating BC Farms in honour of BC Day this month!</h2> 	

All Programs in BLUE require sign up at Active Living

Either by email: bh.activeliving@berwickrc.com,

Call 250-853-5497 or in person.

Maximum numbers of participants will vary for each program.

